

High School Menu

<u>Meal Pr</u>	
Breakfast: Student and Adu	
Reduced	\$0.30
Lunch: Student	\$2.75
Reduced	\$0.40
Adult	\$3.10
A la Carte' Milk	\$0.50

Breakfast Menu						
Monday	Tuesday	Wednesday	Thursday	Friday		
Breakfast Pizza 100% Orange Juice Fruit	Mini French Toast 100% Orange Juice Fruit	Cereal Bar 100% Orange Juice Fruit	Mini Maple Waffles 100% Orange Juice Fruit	Pancake Wrap 100% Orange Juice Fruit		
ALTERNATE: Corpol Choose Stick 100% Oranno Juice and Choice of Milk						

ALTERNATE: Cereal, Cheese Stick, 100% Orange Juice and Choice of Milk

1/2 pint skim or 1% milk offered with every meal							
Lunch							
WEEK 1 Monday Tuesday		Wednesday	Thursday	Friday			
Spicy Chicken on WG Bun Pork n Beans Flavored Pear Cup	Mashed Potato Bowl WG Dinner roll Romaine Side Salad Diced Peach Cup	Shrimp Poppers Cheese Stick Cooked Broccoli Oatmeal Crème Pie Applesauce Gelatin Cup	Cheeseburger Mac Dinner Roll Sweet Potato Crisscut Pineapple Cup	Dominos Pizza Green Beans Mandarin Orange Cup			
WEEK 2							
Pepperoni Bosco Stick Marinara Sauce String Cheese Stick Pork n Beans Diced Peach Cup	ce Dinner Roll WG Bun WG Bread Štick tick Cole Slaw Pasta Salad Green Beans s Diced Pear Cup Sweet Potato Crisscut Mandarin Orange Ci		WG Bread Stick	Dominos Pizza French Fries Mixed Fruit Cup			
WEEK 3							
Sloppy Joe on WG Bun Sweet Potatoes Applesauce Cup	WG Spaghetti WG Breadstick Green Beans Flavored Pear Cup	Beef Hot Dog Sandwich WG Bun Pork n Beans Brownie Diced Peach Cup	Chicken Enchilada w/salsa cup Romaine Side Salad Mandarin Orange Cup	Dominos Pizza French Fries Pineapple Cup			
WEEK 4							
Popcorn Chicken WG Dinner Roll Glazed carrots Pineapple Cup	WG Macaroni N Cheese Cole Slaw Mixed Fruit Cup	Shrimp Poppers Cheese Stick Cocktail Sauce Romaine Side Salad Mandarin Orange Cup	Burrito W / Salsa Refried Beans Diced Peach Cup	Dominos Pizza French Fries Applesauce Cup			
WEEK 5							
Chicken Drumstick WG Twisted Bread Stick Mashed Potatoes Mandarin Orange Cup	WG Twisted Bread Stick Steamed Broccoli Mashed Potatoes Diced Pear Cup		Chicken Nuggets Dinner Roll Baked Beans Mixed Fruit Cup	Dominos Pizza Mixed Vegetables Diced Peach Cup			
ALTERNATES ALL SERVED WITH VEGETABLE , FRUIT AND CHOICE OF MILK, REPEAT EVERY:							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Cheeseburger Sandwich on WG Bun	Breaded Chicken Sand on WG Bun	WG Pizza	BBQ Rib Bf Sandwich on WG Bun	Fish Sandwich on WG Bun			

To determine meal:

(I)Find the date on the calendar below and note the color for the week (2)On the menu, refer to the same color and read the meal for the day

The following choices are offered Daily :

Chef Salad Assorted Wraps Assorted Subs Fresh Fruits Fresh Vegetables



- 1. Substitutions may be necessary depending upon availability of
- 2. All Findlay City School lunches consist of five meal components which are offered each day—Meat/Meat Alternate, Grain, Fruits, Vegetables and Milk—you may select 3 to 5 of the offered food items for the price of a meal. All schools have offer verses serve.
- 3. Special meals are available for doctor-prescribed dietary needs due to Life Threating Allergies. This requires the proper form filled out and returned to the Food Service Office.
- 4. If you have questions, please call the Food Service office at (419) 420-7014.

All Bread items served are whole grain.

) = 2 hr delay

= No School

Food Service Office contact information:

This Institution is an equal opportunity provider Ph, 419-420-7014

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY
M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F
1 2 3 4 5	29 30 31 1 2	3 4 5 6 7	31 1 2 3 4	28 29 30 (1) 2	2 3 4 5 6	30 31 1 2 3	27 28 1 2 3	3 4 5 6 7	1 2 3 4 5
8 9 10 11 12	5 6 7 8 9	10 11 12 13 14	7 8 9 10 11	5 6 7 8 9	9 10 11 12 13	6 7 8 9 10	6 7 8 9 10	10 11 12 13 14	8 9 10 11 12
15 16 17 18 19	12 13 14 15 16	17 18 19 20 21	14 15 16 17 18	12 13 14 15 16	16 17 18 19 20	13 14 15 16 17	13 14 15 16 17	17 18 19 20 21	15 16 17 18 19
22 23 24 25 26	19 20 21 22 23	24 25 26 27 28	21 22 23 24 25	<mark>19 20</mark> 21 22 23	23 24 25 26 27	20 21 22 23 24	20 21 22 23 24	24 25 26 27 28	22 23 24 25 26
	26 27 28 29 30			26 27 28 29 30			27 28 29 30 31		